



APRIL ACTIVITY CALENDAR 2020

ALL ACTIVITIES ARE FREE AND ANYONE IS WELCOME TO PARTICIPATE. CLASSES WILL BE PRESENTED LIVE THROUGH VIDEO CONFERENCE AND WILL ALLOW INTERACTION. PLEASE STAY TUNED TO OUR ENOSBURGH RECREATION FACEBOOK AND INSTAGRAM PAGES FOR UPDATES AND ADDITIONAL COMMUNITY RESOURCES.

Lunchtime Stretch in French Weekdays, April 1-17, 12-12:15PM

Join us for a few minutes of relaxing yoga while learning French!! Participants will be introduced to yoga postures through step-by-step verbal description and demonstration.

30 Minute Spanish Language and Culture Fridays, April 3-24, 10-10:30AM

¡Aprende con nosotros! Learn with us! We will cover basic Spanish words, phrases and explore aspects of Hispanic culture. No experience necessary, adults and children 9+ welcome.

Origami Creations Tuesdays, April 7-28, 10-10:30AM

Join us Tuesday mornings as we create mystical works of art with paper. Participants will learn how to fold a paper crane (week 1), a desk (week 2), a reptile (week 3) and we'll finish our final week with a mighty dragon creation (week 4). If you don't have origami paper on hand, you can cut a standard 8.5x11 piece of paper into a square.

Intro to American Sign Language (Must pre-register)

4 Weeks, Saturdays, April 11, 18, 25, May 2, 10-11AM. Spots are limited!

Join us for a fun time learning the basics of one of the most rapidly growing languages in the U.S. Adults and children 9+ welcome, materials and resources provided. To register email recdirector@enosburghvt.org.

Zero Waste: A Conversation Wednesday, April 22, 5:30-6:30PM

With zero waste individuals reduce what they need, reuse as much as possible and compost. The goal is to avoid creating trash that will end up in landfills, incinerators, or the ocean. According to National Geographic, 91% of plastic is not recycled. Join us this Earth Day to discuss how we can reduce our carbon footprint and share tips and resources.

The Taproot Poets Society Sunday, April 26, 3:30-5:30PM

This poetry workshop is open to all who like to write, share and discuss poetry. Bring a poem to share, or just a pen and paper. All ages are welcome!! On the facilitators: Amy Heneveld is a writer with a Ph.D. in medieval French literature who has taught writing to both kids and adults. Adelle Brunstad actively participated in the Young Writers Project throughout high school and has been published on VPR and in the Burlington Free Press.

Weekly Kid's Challenges:

Participate in these challenges that will make you think, feel, and create!! Participants' will need to share a photo of their results each week for a chance to win a gift card to a local business. Complexity and size of the projects may vary. Photos are due every Sunday by 5PM. Please submit to recdirector@enosburghvt.org with the participant's name, age, and town. Photos will be shared with our community on our Facebook and Instagram pages.

April 1-5: Create a sign with a message of hope/inspiration for anyone who might be feeling stressed or worried during this time of social distancing.

April 6-12: Build a fort using items found around your house such as blankets, pillows or cardboard boxes. Your fort must have a sign (ex. The Fort of Dreams), roof, door, and walls.

April 13-19: Find items that represent our times today (newspapers, pictures, toys, etc...) and put them in a zip lock bag or other sealed containers. Go out in the back yard, dig a hole and place the time capsule in the hole and bury it. Then make a treasure map using landmarks (trees, house foundation, etc..) to find it in the future.

April 20-26: With items found outside in nature such as leaves, rocks, or flowers, create an image of something or someone that you admire.

FOR MORE INFO, CONTACT US AT RECDIRECTOR@ENOSBURGHVT.ORG